

## Physician Health Screen Form

### Elm Plating

Print Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Elm Plating Company is offering the *It's Your Life* health management program to employees. Those who wish to complete the health screen at their physician's office may submit this form to fulfill their health screen requirements by the deadline of **December 15, 2017**.

Lab values (cholesterol, triglycerides and glucose) must be completed January 1, 2017 or later to qualify. Height, weight and blood pressure measurements must be completed July 1, 2017 or later to qualify.

*Please have your physician's office indicate the value and date of services below.*

	Result (value and units)	Date of Service
<b>Blood Pressure</b>		<b>Completed July 1, 2017 or later</b>
Systolic		
Diastolic		
<b>Height and Weight</b>		<b>Completed July 1, 2017 or later</b>
Height		
Weight		
<b>Labs (FASTING measurements of the following)</b>		<b>Completed January 1, 2017 or later</b>
Total Cholesterol		
HDL Cholesterol		
LDL Cholesterol		
Triglycerides		
Glucose		

*\*Your physician's office may require you to sign a waiver releasing information to Allegiance Health's Department of Prevention and Community Health. All personal health information provided will remain confidential and secure.*

Physician name \_\_\_\_\_ Physician Signature \_\_\_\_\_

Completed forms may be returned by fax or mail to: **Henry Ford Allegiance Prevention and Community Health  
One Jackson Square, 9<sup>th</sup> floor  
Jackson, MI 49201  
Phone: (517) 205-7495, Fax: (517) 205-5941**