



Physician Health Screen Form

Rex Materials Group

Print Name _____ Date of Birth _____

Rex Materials Group is offering the *It's Your Life* health management program to employees and spouses. Employees and spouses unable to attend the on-site screening can complete their health screen at their physician's office and submit this form to fulfill their health screen requirements. **Participants are responsible for ensuring this form is received by the *It's Your Life* by November 1, 2017.**

Employees and spouses are responsible for any co-pays, etc. associated with completing screens at physician offices. Measurements must be completed after **July 1, 2017** to qualify. Measurements or lab values completed prior to this date will not meet criteria for health screen requirements.

Please have your physician's office indicate the value and date of service below.

<u>Resting Blood Pressure Measurement</u>	<u>Date of Service:</u>
Systolic _____ mmHg	_____
Diastolic _____ mmHg	
<u>Height and Weight Measurements (please indicate units)</u>	
Height (without shoes) _____ inches/meters	_____
Weight (without shoes) _____ lbs/kgs	

Labs

Employees and spouses are responsible for any co-pays, etc. associated with completing screens at physician offices. Measurements must be completed after **July 1, 2017** to qualify. Measurements or lab values completed prior to this date will not meet criteria for health screen requirements.

Lab requirements for the health screen include FASTING measurements of the following items:

	Date of test	Result (value and units)
Total Cholesterol		
HDL Cholesterol		
LDL Cholesterol		
Triglycerides		
Glucose		

**Your physician's office may require you to sign a waiver releasing information to Allegiance Health's Department of Prevention and Community Health. All personal health information provided will remain confidential and secure.*

Physician name _____ Physician Signature _____

Completed forms may be returned by fax or mail to:

It's Your Life Office
One Jackson Square, 9th floor
Jackson, MI 49201
Phone: (517) 205-7495, Fax: (517) 205-5941