



## Physician Health Screen Form

### Rex Materials Group

Print Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Rex Materials Group is offering the *It's Your Life* health management program to employees and spouses. Employees and spouses unable to attend the on-site screening can complete their health screen at their physician's office and submit this form to fulfill their health screen requirements. **Participants are responsible for ensuring this form is received by the *It's Your Life* by November 1, 2018.**

Employees and spouses are responsible for any co-pays, etc. associated with completing screens at physician offices. Measurements must be completed after **July 1, 2018** to qualify. Measurements or lab values completed prior to this date will not meet criteria for health screen requirements.

***Please have your physician's office indicate the value and date of service below.***

Resting Blood Pressure Measurement

Date of Service:

Systolic \_\_\_\_\_ mmHg

\_\_\_\_\_

Diastolic \_\_\_\_\_ mmHg

Height and Weight Measurements (please indicate units)

Height (without shoes) \_\_\_\_\_ inches/meters

\_\_\_\_\_

Weight (without shoes) \_\_\_\_\_ lbs/kgs

Labs

Employees and spouses are responsible for any co-pays, etc. associated with completing screens at physician offices. Measurements must be completed after **July 1, 2018** to qualify. Measurements or lab values completed prior to this date will not meet criteria for health screen requirements.

Lab requirements for the health screen include FASTING measurements of the following items:

	Date of test	Result (value and units)
Total Cholesterol		
HDL Cholesterol		
LDL Cholesterol		
Triglycerides		
Glucose		

*\*Your physician's office may require you to sign a waiver releasing information to Allegiance Health's Department of Prevention and Community Health. All personal health information provided will remain confidential and secure.*

Physician name \_\_\_\_\_ Physician Signature \_\_\_\_\_

Completed forms may be returned by fax or mail to:

**It's Your Life Office**  
100 E. Michigan Ave, 9<sup>th</sup> floor  
Jackson, MI 49201  
Phone: (517) 205-7495, Fax: (517) 205-5941